



Participation Goals



Just Right Challenge

- Skill level on best day
- Capacity right now
- Perceived challenge
- Is it achievable right now?

Nurture & Relationship



- Unconditional Acceptance
- How grounded is adult?
- Sensory support with relationship
- Co-regulation
- "Be curious not critical"

Structure & Predictability



- Structured routines
- Predictable (child knows what's coming up)
- Start, middle, end
- How do they know when it ends?
- Timing

Engagement & Participation

Non engaged behaviours